

When students honestly evaluate their efforts, and progress toward goals, they can most effectively adjust in meaningful ways to increase success



Adolescence and Self Regulation:

Why Character Matters In Education

Hosted by a panel of local educators, we will discuss the task of providing parents and students effective techniques and skills to help students achieve their academic goals. .

**Wednesday February 11, 2015**

**7:00PM**

**First Presbyterian Church at Caldwell**

326 Bloomfield Ave

Caldwell, NJ 07006

RSVP 973-228-0310

**Educators**

**Dr. James Heinegg - Moderator**

Superintendent, Caldwell-West Caldwell Schools

EdD, Education Leadership, Teachers College, Columbia University

**Dr. Kristiane W. George**

Assistant Professor, Seton Hall University

PhD, Pediatric Science, Rocky Mountain University of Health Professions

**Mike Bruchac**

Vice Principal, Morristown High School

Masters of Education, William Paterson University

**Inya Cheade**

CEO, The Bridge

MSW, LSW The Rutgers School of Social Work, Rutgers University

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“Self-regulation plays an important role in adolescent development, predicting success in multiple domains including school and social relationships”