

What Families Say About FPS

"Our FPS counselor was the best, very understanding without judging, she was very informative."

"Thank you for all your help. Your methods will stay with us ... it's made our family happier."

"Our counselor taught me how to establish structure and taught my children how to respect rules and regulations."

"My FPS counselor has a very caring approach to counseling."

"I think FPS could benefit every family in one way or another."



What Professionals Say About FPS

"FPS is definitely a family saver... a new approach, a breath of fresh air. It is a much needed break with traditional crisis intervention."

"FPS taught the family I referred some practical ways to effectively discipline their children."

"FPS offers an intensive in-home service to families that cannot be found in other community programs."

"I am impressed with how FPS was able to work with this family. They have made so many positive changes."



THE BRIDGE

*Healthy Minds. Healing Hearts.
Peaceful Communities.*

Family Preservation Services of Essex & Union County

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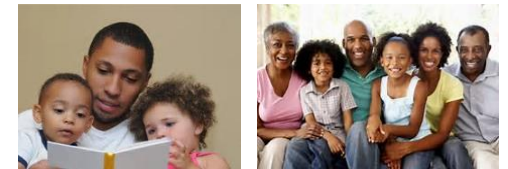
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FAMILY PRESERVATION SERVICES ...

***A Practical Approach to
Keeping Families Together***



Families Belong Together

www.thebridgenj.org

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860 Bloomfield Avenue
West Caldwell, NJ 07006

973-228-3000

Louis A Schwarcz, CEO

Family Preservation Services

FPS provides intensive, in-home, crisis intervention & family education to families whose children are at risk of out-of-home placement or to families whose children are scheduled for reunification.

Program Goals

Child Safety

Family Stabilization

Placement Prevention

Improved Family Functioning

Linkage to Community Resources

Program Features

Quick Response & Intensive Services

Initial visits with the family are conducted within 24 hours of referral, and families receive 5 to 20 hours of direct face to face contact each week.

Immediate Accessibility

Families can contact FPS staff 24 hours a day, 7 days a week.

Family Centered & Strength Based

Services are designed to engage all family members, to empower them, and to build on their strengths.

Goal Directed & Skill Based Interventions

Goals are developed with the family to address the problems that led to crisis, and skills are taught in positive ways to improve family functioning.

Time Limited & Thorough Follow Up

Families receive 4 to 8 weeks of intensive service, and receive a follow up call at 3, 6, and 12 months after completion of the FPS intervention.

FPS at Work

FPS workers teach families new skills, such as anger management, problem solving and parenting, to help them cope with and make better decisions regarding the problems that led to the risk of placement. FPS workers are available around the clock; as a result, they are able to work with families in their homes during actual crises.

Here's an example:

The Cojare family was experiencing a great crisis which put 8 year old Deshai and 13 year old Nibelkey at risk of placement. Mrs. Cojare used excessive corporal punishment which left Nibelkey with bruises on her body. Nibelkey had become disrespectful towards her mother and did not listen to her. Mr. Cojare puts his wife down and calls her names in front of the children. FPS intervention focused on teaching skills related to parenting, communication, and compliance. As a result of the FPS intervention, Mrs. Cojare used assertive parenting skills and refrained from using corporal punishment, Mr. Cojare stopped insulting his wife in front of the kids, and Nibelkey began to listen to her mother and be more respectful. Mr. and Mrs. Cojare were referred to couples counseling. The FPS intervention was successful in helping to keep the family safely together.

Referral Process

DCP&P is the only referring agency for FPS.

Required Forms: FPS Referral Form and DCP&P SDM Assessment Form.

Process: DCP&P Local Office RDS will screen referrals for appropriateness.

Criteria:

- The child can remain safely in the home with intensive services.
- The family has agreed to participate.
- Other less intensive services will not reduce the risk, or are unavailable.

FPS IS A VOLUNTARY PROGRAM

NJ FPS County Based Programs

Atlantic County (856-881-8689)

- Robin's Nest, Inc.

Bergen County (201-797-2660)

- Care Plus NJ, Inc.

Burlington County (609-518-5470)

- Oaks Integrated Care

Camden County (856-309-5300)

- Center for Family Services, Inc.

Cape May County

- Robins' Nest, Inc.

Cumberland County (856-696-1233)

- Oaks Integrated Care

Essex County (973-371-3771)

- [The Bridge](#)

Gloucester County (856-309-5300)

- Center for Family Services, Inc.

Hudson County

- Youth Advocate Programs, Inc.

Hunterdon County (908-782-7905)

- Catholic Charities, Diocese of Metuchen

Mercer County

- Robins' Nest, Inc.

Middlesex County (732-646-4160)

- Catholic Charities, Diocese of Metuchen

Monmouth County

- Robins' Nest, Inc.

Morris County

- Youth Advocate Programs, Inc.

Ocean County

- Robins' Nest, Inc.

Passaic County

- Family Intervention Services, Inc.

Salem County (856-881-8689)

- Robins' Nest, Inc.

Somerset County (908-722-1881)

- Catholic Charities, Diocese of Metuchen

Sussex County

- Youth Advocate Programs, Inc.

Union County (973-371-3771)

- [The Bridge](#)

Warren County (908-454-2074)

- Catholic Charities, Diocese of Metuchen