



## Stepping Stones Intensive Outpatient Program

**Stepping Stones / Women with Children** is a unique women's intensive outpatient service empowering women to take control of their lives and plan for their futures through emotional, spiritual and healthy lifestyle components.

The program is designed for women referred by the Department of Child Protection and Permanency (DCP&P) who are in need of addiction counseling and support. The Bridge is also opening up the program to other Essex County residents in need of services.

### *Helping yourself, Helping your child*

Groups meet Monday, Tuesday and Fridays from 11 AM – 2 PM

*For more information, make an appointment or referral, contact Tunisia Crosby, MHS, LCADC, ACS, Stepping Stones Coordinator at 973-372-2624 X515 or [tcrosby@thebridgenj.org](mailto:tcrosby@thebridgenj.org).*

Stepping Stones is a program of The Bridge, located at 50 Union Avenue, Irvington, NJ – convenient to the Irvington bus terminal and the 13, 25, 90 and 94 NJ Transit buses.



THE BRIDGE