

Common Questions



Is my confidentiality protected?

Your confidentiality is protected. We abide by all federal and state regulations regarding confidentiality.

Why should I use The Bridge's services?

Our experienced, licensed clinicians who specialize in individual, family, child & adolescent therapy will provide services that acknowledge your strengths and develops your focus and awareness. We are an accredited substance abuse counseling center and we are monitored by the state, ensuring the quality of our services and your treatment.

What if I need something more?

If it is clinically indicated, you may be referred to a more intensive level of care.

We work closely with other health providers which allow us to provide a continuum of care.

How much does it cost?

We are in network with many insurance and managed care providers including Medicaid. If appropriate, we have a sliding scale fee schedule that could be arranged with you. In addition, the state and county provide funding for counseling services. We can combine cost effectiveness with quality services, developing a flexible rate structure that suits you best.



THE BRIDGE

What next?

Call us for an appointment. Your appointment insures you the necessary time to properly evaluate circumstances.

Hours of Operation

Monday thru Friday 9 AM – 9 PM

Saturdays 9 AM – 1 PM

THE BRIDGE, INC. MISSION STATEMENT

The Bridge, Inc. is a private, nonprofit community agency that has been helping children and families in the Essex County area since 1971. All Bridge services are designed to strengthen and support the family and promote the personal growth of children, adolescents, adults and seniors.

Louis A Schwarcz
Chief Executive Officer

**Joel M. Levine, LCSW, LPC, LCACD,
LMFT**
Clinical Director

Maria Pisani, LAC, LCADC, CCS
Director of Addiction Services

THE BRIDGE INC.
Outpatient Counseling Services

50 Union Avenue
Irvington, NJ 07111
Office: 973-372-2624
Fax: 973-372-0103

860 Bloomfield Avenue
West Caldwell, NJ 07006
Office: 973-228-3000
Fax: 973-228-2742

Outpatient Counseling Services



Main Headquarters

**860 Bloomfield Avenue
West Caldwell, NJ 07006
www.thebridgenj.org
Office 973-228-3000 Fax: 973-228-2742**

We offer professional counseling to adults, adolescents and children. Our services help individuals and families with marital problems, parent/child conflicts, grief and loss, depression, anxiety, compulsive behaviors, substance abuse and more. Our two counseling sites are staffed by masters-level clinicians, some of whom are bilingual.

Counseling Services

Featuring:

- Assessment
- Individual, Family and Group Therapy
- Marital Therapy
- Parent Child Counseling

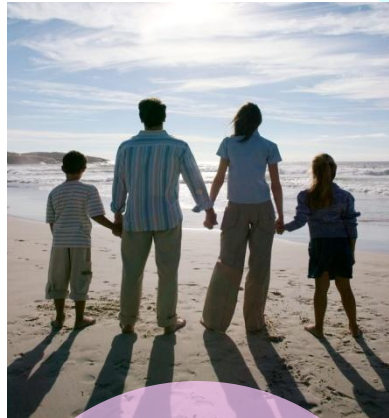


Family Crisis Intervention Counseling Services

The goal of this program is to provide short-term crisis intervention services to referred juveniles and families to stabilize the current crisis, divert the case from family court and reduce the risk of recurring crises.

Featuring:

- Family Assessment of the Crisis
- Short Term Counseling



Stepping Stones is a unique women's Intensive Outpatient Service empowering women to take control of their lives and plan for their futures through emotional, spiritual and healthy lifestyle components.



Adult Substance Abuse Services

Featuring:

- Comprehensive Evaluation/
Psychosocial Assessment
- Intensive Outpatient Program (IOP)
- Continuing Care Groups
- Early Intervention Services
- Urine Screening
- Focused Group Counseling
- Individual Counseling
- Client Education Services



Intoxicated Drivers Resource Center

Featuring:

- Comprehensive Evaluation
- Intervention and Preventative
Educational Classes
- Ongoing Support to Assist with
Re-obtaining Driving Privileges

Adolescent Substance Abuse Services

Featuring:

- Comprehensive Evaluation/
Psychosocial Assessment
- Urine Screening
- Family Education and Counseling
- Stress Management and
Relaxation/Coping Techniques
- Communication Skills
- Conflict Resolution



Stepping Stones, Woman's Addiction Services

Featuring:

- Comprehensive Evaluation/ Psychosocial Assessment
- Continuing Care Groups- specifically designed for women including parenting skills, healthy relationships, addiction and enhancement of life skills
- Urine Screening
- Individual Counseling
- Client Addiction Education Services
- Family Education and Counseling

